

# VINYASA ECHOES

December 2017



## A YEAR THAT WAS & THE YEAR AHEAD....

Art of Vinyasa has grown from strength to strength with the support of all the parents/families and dedication & hard work by all the students from the day we re-opened! We were happy to welcome a few more enthusiastic students and their families into our AOV Family and also sad to say good bye to a few. The students presented "Nrithyollaasa" a successful student performance apart from other performances. We also supported a very successful Lecture demonstration for the benefit of the dance community. We had our VCE students Adithi & Anagha flourish in their exams. The younger ones received individual awards and appreciations for their academic/non-academic performances making us all proud and happy. Congratulations to Sahana Vaidyanathan who won the first prize in the interschool aerobics championship.

### **RECAP ON 2017.....**

2017 started with a bang with the intermediate girls performing at an event for the Indian museum in Dandenong.



**Thank You...**

As we come to the end of another successful year, I can't help but thank you all for being the backbone of Art Of Vinyasa –Trusting me, standing by me & supporting me in achieving whatever I envisaged, be it in the regular classes, student performances or conducting the International Dance Day Festival for the second year. We have been moving slowly yet steadily since we recommenced in 2016 welcoming a few new families along the way into Art Of Vinyasa....  
.... So, Thank You all from the bottom of my heart.





◆ 2017 started with a bang with the intermediate students performing at an event for Museum India in February 2017



◆ This was followed by Meghala performing at a two-day festival organized by InConcert Music on Labour Day in collaboration with other esteemed dance and music schools of Melbourne.



◆ Art of Vinyasa was a part of the 2017 Moomba Parade with close to 15 girls and the mothers following the Indian float- *the elephant*.



◆ Later on 25th March, Art of Vinyasa participated in the multicultural liberal club event in the presence of Honorable Matthew Guy.

◆ Students of Art of Vinyasa participated in a Multicultural event organized by Australian Asian Association of Victoria, showcasing dance from different Asian Countries on their 60th anniversary celebrations.



◆ Then was the time for the most awaited event of the year for Art of Vinyasa- Dance Mela 2017, where different Indian classical dance styles, Ballet and Irish Tap Dancing were featured.

◆ During the month of May, the students had an opportunity to learn from the director of the parent organization Dr Vasundhara Doraswamy- Amma, as she is fondly called. The family meet and greet was also organized at the same time to welcome all the new students and get to know their families. The kids and the families thus got a chance to interact with Amma,







◆ On August 13th Meghala participated in the mega FIMDV Event "Prakruthi" highlighting Women Empowerment where Priyanka Shetty from Art of Vinyasa assisted in putting together the beautiful powerpoint presentations.



◆ Meghala participated in the 70th Indian Independence day celebrations on the 16th of August which was hosted by the Indian Consulate.

◆ On 9 September 2017, the students of Art of Vinyasa successfully presented the much awaited "Nrithyollaasa" - The joy of dancing to the deities.





At Art of Vinyasa ,along with all the hardwork and dancing we always find some time for fun , laughter and celebration! 2017 was no less and gave us some beautiful memories to cherish- birthday celebrations, post rehearsal lunch at Saravana Bhavan, A walk supporting the Mental Health Foundation, Family Day at Carlton Gardens & of course some back stage fun. Thank You all for making this happen!!!





## WORKSHOPS



Art of Vinyasa coordinated a Bharatanatyam workshop for students of Smt Shanthi Ramakrishnan. The workshop was conducted by the Director of the parent organization Dr Vasundhara Doraswamy.

Meghala conducted workshop on the Fundamentals of Bharatanatyam at one of the leading Bollywood Dance Schools of Melbourne - Jhoom Bollywood

### Moving forward...2018

We will commence our Term 1 for 2018 *From 3/2/2018* .

We will be commencing classes in both Dance and Yoga for the next term. The class details and packages will be available for *purchase online from 15/1/2018*.

The students have been asked to bring their assignments when they come to the class. (The best assignment will be awarded and published on our blog so, please ensure its original and avoid copying and pasting the content in its entirety directly from the internet.)

### Save the Date..

*Please note the below dates for 2018 in your calendar and support us.*

**10/3/2017 (Labour Day Weekend)** – Dr Vasundhara Doraswamy will be performing for In Concert Music at Rowville Secondary College Theatre.

**March/April**— Workshop with Amma for Junior & Intermediate students

**28/4/2017** – World Dance Day celebrations showcasing various dance styles at Renaissance Theatre, Kew ( We request the parents and students to assist us and find some sponsors to support the event and advertise in our Booklet for the show. The tariff is as below for advertisements)

Back Page -\$400

Inside Front/ Back Page -\$350

Quarter Page - \$100

Full Page - \$300

Half Page - \$200

Jhoom-Bollywood presents  
Meghala Hirsav  
Of  
Art of Vinyasa

### Bharatanatyam Rhythms

An introduction to the fundamentals

3 sessions  
8.30 to 9.30pm  
5th 12th 19th Jul  
118 Greeves St  
Fitzroy

\$15 per session

www.jhoombollywood.com

### ASSIGNMENT TOPICS:

- \* **Beginners** (Kids submitting the assignment for the first time) – **Classical Dances of India**
- \* **Sub Juniors** – Any 3 Gods & Goddesses of Hindu Mythology with 1 story each
- \* **Juniors** – Suladi Talas, Characteristics, 35 talas , awareness of the old 108 talas, Navarasas.
- \* **Intermediate** – Suladi Talas, Characteristics, 35 talas , awareness of the old 108 talas, Symbolism of Nataraja, Nayaki Nayaka Bhavas, Abhinaya





Art of Vinyasa

Wishes you and your dear ones

MERRY CHRISTMAS

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A Very Happy and Prosperous

NEW YEAR 2018

